

traditional

# Aikido

**COLMAN GLYNN**

**Shido-in, 6<sup>th</sup> Dan (Aikikai Foundation, Tokyo)**

**SATURDAY 16<sup>th</sup> NOVEMBER 2019**

**10.30am to 3.30pm (with breaks)**

*This course replaces the one planned for 23<sup>rd</sup> November 2019*

*Please bring personal refreshments,  
proof of status and insurance, and aikido weapons.*

**THOMAS TALLIS SCHOOL**

154 Kidbrooke Park Road, Blackheath, London SE3 9PX

*Short walk from Kidbrooke rail station*

*(trains from London Victoria)*

**BAF MEMBERS**

£40 adult

£35 student

£30 senior

£45 non-BAF

**GREENWICH AIKIDO**

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