



# British Aikido Federation

Technical Director, Minoru Kanetsuka, 8<sup>th</sup> Dan, Aikikai Foundation, Tokyo

## Grading Result Form

(Form 2)

(PLEASE WRITE CLEARLY IN BLOCK CAPITALS)

Name
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	D	C	Acceptable				Not acceptable
			1	2	3	4	
Knowledge of Technique							
Contact (Ki)							
Posture							
Flow and Flexibility							
Maai & Zanshin							
Ukemi							
Spirit							
Manner and Attitude							

*In order to pass a candidate should achieve at least 'acceptable' for each element.  
 (Consideration will be given to any circumstances which may effect a grading and which have been brought to the attention of the examiners prior to the grading)*

**1 = Very Good   2 = Good   3 = Average   4 = Needs improvement**  
**C = Commended (Candidate has performed particularly well in this area)**  
**D = Distinction (Candidate has shown exceptional qualities in this area)**

<b>Grade Awarded</b>	<b>Date</b>
<b>Examiner's Comments</b>	
<b>Examiner</b>	<b>Examiner's signature</b>